



A non-profit club devoted to the promotion of independence and dignity.

Luther Burbank Branch 17, Santa Rosa, CA,

Website: <https://www.sir17.org>



The REDWOOD BARK Newsletter February, 2024

All members are invited to attend our next SIR In-Person Luncheon/Meeting on Thursday, February 15th, at The Epicenter, 3215 Coffey Lane, Santa Rosa.

If you told the Phone Committee **“YES”** you plan to attend but find later that you will be unable to attend, you need to contact **Glenn Seime** at **707-537-5360** or email gseime@sbcglobal.net by **noon on February 7th**, to help keep our count more accurate. Also of importance is, if you are bringing a guest or if you originally said **“NO”** but changed your mind and decided to go after all, in either case, then please contact **Glenn Seime** per the above!

February 15 Lunch/Meeting Schedule

Social Hour: 11 am - Lunch/Meeting: 12 noon

Assistant Treasurer Volunteer Wanted!

We are looking for a volunteer to join the BEC as Assistant Treasurer. If you are willing to volunteer, please contact Nominating Committee Chair Gary Bondi, gbondi@sonic.net, 707-539-2445.

February 15 Luncheon Menu - \$30

Iceberg Wedge Salad

Mini Meatloaf

Seasonal Vegetables

Oven Roasted Red Potatoes

Chocolate and Vanilla Cupcakes

Water, lemonade, coffee or tea is included.



Big Sir Chris Nelle's Message

nelleval@hotmail.com 916-205-1717

We're off and running in 2024 with our first meeting in our new location. I've reached out to get a variety of opinions so it's not just my feelings, and the consensus is we need to smooth out some rough edges! Fortunately, from our prior experiences working with the very friendly and responsive Epicenter staff (compared to Iron & Vine), I'm confident our delivery will improve. And remember, look for joy in your life, strive to be happy and be grateful. To not look for the goodness is damaging to the psyche and subsequently to your health.

In the spirit of transparency, here are a couple of tidbits from our first BEC (Branch Executive Committee) meeting of the year. First, past Big SIR Gary Bondi will form a committee to examine the awards established by State SIR HQ and the criteria for making such awards.

(continued on page 2, top left)



Little Sir Neil Wheeler's Message

njmwheeler@science-one.org 707-291-0271

Several years ago, I read a book by the political scientist, Robert Putnam that explored the rise and fall of American community.

In the late 1800s, America was as fragmented and polarized as today. But in the early 20th century things began to change. Americans slowly became more cooperative and focused our responsibilities to one another. Service, social, and sports clubs flourished. This was the time when many of the clubs we know today, like Rotary and Lions, were formed. But sometime in the 1960s the trend reversed, and we find ourselves once again isolated and in disarray.

The reversal in the 1960s resulted in declining membership in clubs. Interestingly, SIR was formed just before this era of decline but continued to grow until the late 1990s.

(continued on page 2, top right)

Big Sir Message:

(contd. from page 1)

He will then look at all of our members who have made, and continue to make, important contributions of their time and energy for the good of our branch. Remember, gratitude is important and when people do things for our overall good we should say “thank you”! In other news, Rich deLambert will form a committee to examine if there might be a better way organize the roles and responsibilities of branch board members. Also, for more details, the minutes are published in THE BARK and all members are always welcome to attend a BEC meeting.

Now for a recap of my penchant for trivia and potentially rewarding challenges to my avid column reading fans, the answer to last month’s challenge was Toby Keith and the song name is “*Don’t Let the Old Man In*”. I was getting very worried as the right answers came trickling in and I feared I might actually have to buy a fellow SIR a lunch. Mike Rogalski was #6 in correctly answering the question which meant the next respondent (#7) with the correct answer would dine for free! Alas, my inbox went silent....phew! But, I can’t stop, so here is this month’s challenge. It comes from my stated theme for all of us to hopefully embrace...“seek joy, practice happiness and cherish gratitude”. Now remember, I’m a visual person, I like to “see” something in my mind to help make a point. What I see, which I believe to be the antithesis (thank God for spell-check) of our theme, is Statler and Waldorf. Who are they and who played Waldorf? For the 10th Sir who responds with the correct answers (both of them), I’ll buy your lunch next month. Hey!! This also doubles as an attendance inducement, wow!!

P.S. Need help finding joy? I’m a volunteer at the Humane Society, you want joy? Consider becoming a foster parent for puppies or kittens (usually the litter, but not more than 3). The preference is for the newborn to not have to live in a shelter environment while they wait for adoption, so it is not permanent. Parting shot:

“Keep your face always toward the sunshine- and shadows will fall behind you.”

-Walt Whitman

Little Sir Message:

(contd. From page 1)

Branch 17 had 275 members in 1996 but has been in a steady decline since. I have often heard “people just don’t join clubs anymore” as an explanation for our declining membership. I’ve also heard that COVID was to blame (we only lost 4 members). It may be more correct to say that people aren’t expected to join clubs today like they were in the past, but that doesn’t mean no one is interested.

Over the past three years we evaluated this idea by introducing SIR to our community through various media, and then asking people to join. Guess what? It works! Since our low point in January 2021, we’ve grown from 78 to 120 members **before** counting members from the merger with Branch 76, which brings us up to **147** members. The bottom line is that SIR has something to offer men and there are men who are willing to join...you just have to ask them!

Finally, I would like to note a few things we are doing to address your comments and suggestions about our luncheons.

- We will reorganize the check-in table(s) so there isn’t a bottleneck when paying for your lunch.
- We will provide an iPad with the SIR17 Photo Roster near the check-in table in case you would like to match names and faces.
- We will increase the sound volume making it easier to hear at the back of the room. We will continue supplying closed captions on the big screens.
- We will try and work out a more pleasant table arrangement.
- We will work on getting better lighting over the tables and the speaker.
- We will be reintroducing the Buffet Buddy concept (see Glenn Seime’s article.)





Epicenter is located at 3215 Coffey Lane at the intersection of Coffey Lane and Piner Road. The Victory House Restaurant is on your left as you enter the northeast door of the Epicenter. Poker players—Poker will be played in the Trophy Room...turn left when you enter the northeast door of the Epicenter.



Buffet Buddy:

(Article by Glenn Seime)

If a member has a hard time navigating the buffet line, someone at that member's table should offer to be a "Buffet Buddy" for that member needing help. He will dish up for his buddy and then himself. He would have access to the head of the buffet line for both his buddy and himself, and it is important that this service **be offered**, and not wait to be asked.

It seems to be working, so let's keep it going!

February Birthdays

- Russell Dieter
- Jim Fenstermaker
- Terry Freeman
- Barney Hays
- James MacMillan
- Mark Wieszczyk
- Edward Montenegro
- Rich Osborne
- Arvid Sorum
- Rodney Mooney
- John Weaver

The **January** Birthday Boy FREE lunch winner was **Morgan Beatty**.



Activities:

Use this link below to view the latest online Calendar of Events

<https://www.sir17.org/calendar-of-events.html>

Bocce:

Bocce can be played on most Fridays at Juilliard Park west side starting at 10:45 am. Contact Ken Ford at kennethford06@gmail.com for information.

Bowling: (article by Fred Rose)

If you have an interest in helping to get this activity going again so you also could enjoy it then contact our Activities Chair, Fred Rose at:

707-548-5797 or fredricrose@comcast.net



Book Club

(Article by Neil Wheeler)



The Book Club will meet at 2:00 pm on February 28th at the home of Neil Wheeler. Our book selection for February has not been decided yet but will be announced in the first week of February. We will notify everyone by email with the name and the author of the selected book.

If you have any questions or would like to be on (or off) our email list, send an email to njmwheeler@science-one.org.

Boys' Night Out: (Article by Don Malvestiti)



This month we will be having dinner at Cattlemans Restaurant, (formerly Outback Steakhouse) 4619 Redwood Dr. in Rohnert Park.

Dinner will be held on February 21st, 5:30 PM social, 6 PM dinner.

If you are interested in attending this popular event, please respond to Don by February 9th. Email at: malvestitidon485@gmail.com; or by phone at 707-539-0677 and leave a message if there is no answer.

Bridge:

Eight of us met in the Valley of the Moon Oak Club for bridge and lunch. If you have an interest in Bridge, contact:



Dean Lundgren 707-544-8088

mdlundgren@msn.com

James Park 707-578-4255

Coffee Club

(Article by Rich de Lambert)



We meet at 9:00 am on the 2nd and 4th Thursday of the month. On February 8th we will meet at Sonoma Bagel & Deli, 515 Hahman Dr., Santa Rosa, and on February 22nd we will meet at Mac's Deli and Café, 630 4th St., Santa Rosa.

Come join us for coffee, conversation, and something to eat! Guests and Partners are welcome so bring a friend. If you have questions, call me, Rich de Lambert, at (707) 545-3490 or email me at richdelambert@gmail.com.

Community Involvement Program:

(article by Bob Reuther)

We will be at the Redwood Empire Food Bank (REFB) on Thursday, February 1, 2024, from 10 a.m. until noon. Consider joining us for the New Year. Friends and family are invited to be with us. One member said that he got to know other members by working with them at the REFB. This is a great way for new members from Branch 76 to meet members of your new Branch 17. All are welcome to be with us. Fourteen Sirs, and one significant other bagged 2,421 lbs. of onions at the last outing. This provided 2,017 meals. We helped the less fortunate to have food on their tables.

When you come to the Food Bank, they will provide you with a name lanyard and a card to be punched for attendance.

(continued on page 5 top left)

Community Involvement (continued from pg. 4)

Ten punches and you are entered into a monthly prize drawing. The Community Involvement Program Branch 17 Committee has started an additional prize drawing on every visit. Your attendance will automatically enter you for a prize. The winner for January 2023 was Sir Barry Bialkoski.

Our name is becoming better known in the community as a group that helps others, as well as working together and making friends for life. We hope that you can join us in our next volunteer activity at the Food Bank and experience the good feeling of helping others. Wear your SIR apparel so our Branch 17 is identified. Chairs are available for those who prefer not to stand. It is located at 3990 Brickway Blvd. in Santa Rosa.

Let one of the committee members, George, Rich, Barry, or Bob, know that you are coming so we can inform the REFB in advance. You can find us on the www.sir17.org website under the first Thursday of each month. All the information related to time and place is on that site.



"No one is useless in this world who lightens the burdens of another."
—Charles Dickens

Barry Bialkoski and Bob Reuther Co-Chairs, Rich de Lambert and George Traverso Co-Vice Chairs

Couples Night Out (Article by Fred Rose)



On Thursday, January 25th, we had a great dinner at La Rosa Tequileria & Grille. On Thursday, Feb. 22nd, we will be dining at Kirin Restaurant, 2700 Yulupa Ave., Santa Rosa. Dinner will be at 7PM. If you would like a pre-dinner libation try the nearly next door Ricardo's.

Reservations are required. If you have a restaurant suggestion now is the time to put it forward. I am always interested in new ideas.

Contact Fred Rose at fredricrose@comcast.net

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GLOBAL FORUM: (Article by Marvin Mai)



The many serious issues facing the world today don't need to be enumerated by me in this column. But if you'd like to join a discussion group that will listen and share facts and opinions on a wide range of interesting topics then Global Forum is the perfect solution.

Our discussions are enlightening as we have various interests in different parts of the world. As we've stated before, we're a Global Forum with only world topics and no local, state or national politics discussed.

Do you have a solution or have global issues you'd like to discuss? We meet in-person on the second Friday of the month and via Zoom on the fourth Friday. This month we meet Friday February 9th at 10 a.m. at the home of Marvin and Pat Mai, 4743 Woodview Drive. Reminding you that attendance is limited and reservations are needed by emailing Marvin at maimarvin57@gmail.com. The second meeting of the month with unlimited attendees is via Zoom on Friday February 23 at 10 a.m. Email Marvin if you'd like to receive the Zoom link.



Sparkling Wine Tasting (Article by Bill Traverso)

Just in time for Valentine's Day, our SIR tasting group will be having a tasting of five very special sparkling wines produced by the highly awarded J Winery, on Wednesday, February 7th, at 11 AM.



The winery is located at 11447 Old Redwood Highway (next door to the Rodney Strong Winery) close to Windsor. We were able to obtain a special tasting price of **\$35.00** (the normal price is \$50.00).

Please make your reservation with either George (geosan@sbcglobal.net) or Bill Traverso (yinselr2@pacbell.net) for the tasting by Thursday February 1. There is a limit of 12 tasters.

Golf in the Wetlands (Article by Jim Gurke)



Courses are open, but cart path only for the foreseeable future (until March, perhaps, according to a couple of references). Guys are welcome to come out and play at our normal Monday 8:30 AM tee time. Since there hasn't been a competition in several weeks a weekly sign-up sheet has not been available. If you do wish to play, please remember to call the pro shop and let them know, because there are still other golfers booking tee times.

To keep in shape for the drier part of the 2024 season several golf simulation options are available to hone your game: Next Level Golf and Fitness; Tayman Park Golf Course; and Foxtail Golf Course.

Next Level Golf and Fitness, 620 Larkfield Center, Santa Rosa, 707-987-0987. Hours are 4:00 PM to 8:00 PM, Monday to Friday; 8:00 AM to 8:00 PM weekends. Within the fitness center is a booth equipped with Foresight Sports GC Quad, pretty much the state of the art golf simulator. There are 15 renowned courses to select from. Up to three people can use the facility to practice or play a round. GC Quad can measure ball speed; launch angles; spin and side spin; carry distance; smash factor and more*(see below). Hourly rates are \$39; two consecutive hours are \$65; or a 10 hour multiplay package for \$300. Call to book an appointment.

Tayman Park Golf Course, 827 S Fitch Mtn. Road, Healdsburg, 707-433-4275. Hours are the same as for the golf course. Tayman Park has a three-level, covered practice range equipped with 18 Top Tracer simulators, six on each level. Top Tracer is another highly rated simulator. Each bay has its own screen measuring distance, ball speed, height, accuracy, etc. There are also five courses to choose from to play a virtual round. The cost is simply based upon the number of practice balls you purchase starting at \$8.00 for 35 balls, up to \$20 for 105 balls. Access to a bay is on a first come first served basis.

Foxtail Golf Course, 620 Golf Course Drive, Rohnert Park, 707-584-7766. Hours are the same as for the golf course. Foxtail purchased the same Top Tracer equipment as at Tayman Park with similar features including long ball and closest to the pin if competing with another player. Unlike Tayman, the facility is uncovered, similar to Bennett Valley. The price is based upon the cost of range balls. Access to a Top Tracer bay is again on a first come, first served basis.

And, if you just want to practice minus the simulator experience, the practice facility at Bennett Valley Golf Course remains open for business.

The Golf Committee will keep everyone in the club current about local course playing conditions and whether a travel golf event might take shape.



*What does the GCQuad Measure:

- *Ball speed*
- *Horizontal & vertical launch angles*
- *Spin*
- *Side spin*
- *Carry distance*
- *Club head speed*
- *Smash factor*
- *Angle of attack*
- *Club path*
- *Loft at impact*
- *Lie & face angle at impact*
- *Impact location on the club face*

I'm Doing My Part Pins Awarded

(Article by **Gordon Boulton**)

Three members were awarded IDMP pins at the January luncheon for sponsoring new members in the latter months of 2023. They are Steve Edelstein, who sponsored Jon Drew; Chris Smith, who sponsored Rod Sverko; and Chris Nelle, who sponsored Len Grosso. Also eligible for the award but not present to receive it are Jack Rosetti, who sponsored Richard Lundblad; and Dan Sullivan, who sponsored Richard Brannon Jr.

The IDMP award is a one-time award that has been limited to those who have sponsored a new member. However, the criteria for awarding it are likely to be expanded in the near future.



HIKING GROUP: (Article by **Gordon Boulton**)



If you would like to join us, get on the hiking activity email list by contacting Stew Lauterbach, at:

stewartlauterbach@gmail.com.

Poker Update:

(Article by **Mike O'Neill**)



Our next game is scheduled for Thursday, February 8th, 12 p.m. to 3 p.m. at the Epicenter Trophy Room.

We had a good game in January and one new player from Branch 76. And I was the "big winner." As I mentioned at our January SIR lunch, we would like to expand the number of players. Our goal is to have two games, vs. just one.

If you would like to drop by and check things out, come by, watch the game and have lunch with us. If you would like to play, just let me know in advance. New players have priority. You can contact me at mikeo46@sbcglobal.net.

Walking Group:

(Article by **Richard Lundblad**)



The walking group meets every **Tuesday morning at 10 am**, that is weather permitting. Exact meeting places to are TBD but we have been leaving from Cypress Point and go for coffee afterwards.

Come join us and bring a friend! If you have any questions or would like to be on our email list,

Contact me at richardlundblad@gmail.com

or call me at 707-888-8386

A special **Thank You** to members **Gordon Boulton** and the many others for helping us by spotting all the errors in grammar, punctuation, spelling and any other boo-boos that have been made before this final edition goes to press and you see it. *Bob-the-Editor*

NON-RESPONSIBILITY DECLARATION

All activities arranged for, or by, or sponsored by SIR INC., and its Branches are for the convenience and pleasure of the members and their guest who desire to participate. SIR, INC., and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.

The Science of Aging: —Erectile Dysfunction



There is a myth that older men lose their desire for or can't have sex. George Burns wisecracked that sex after 90 was like trying to shoot pool with a rope. Nearly 70% of men over the age of 70 have some sort of erectile dysfunction (ED), so look around...

three guys in your golf foursome (you?) suffer from impotence. Stifficulty, sick wood, cold spaghetti, limber timber, floppy jalopy, or wangxiety...call it what you like, but ED sucks. Alcohol, recreational drugs, stress, and cardiovascular problems are some of the main reasons why you (I mean your friends) may be experiencing ED or a premature loss of erection.

The erection is largely related to blood flow in the penis and many neurological (nerve) problems can cause ED. Diabetes, chronic alcoholism, multiple sclerosis, heavy metal poisoning, spinal cord and nerve injuries, and nerve damage from operations might cause ED. Medications being taken for other conditions can also induce ED. So how to get the blood flowing again down there?

Research shows that there are many ways to attack "the problem." Get vigorous exercise that elevates blood flow, quit smoking, and try oral medications like Viagra or Cialis. In addition, more advanced approaches include having (gentle) shockwave therapy to improve blood flow, having erection-inducing medications delivered directly to the penis, using a vacuum constriction device (penis pump), getting testosterone replacement therapy, or having a penile implant surgically emplaced to make that big boy hard.

Your doctor or a profession sex therapist can make evidence-based recommendations. Remember, sex is an important aspect of good health and it stimulates release of oxytocin (the love hormone), which can lower stress, improve the relationship with your partner, and reduce grumpiness with SIR friends. Happy Valentine's Day!

(Article by Dennis Mangan)



New Member:
Gary Erickson Badge #28



I was born in 1950 in Long Beach, California into a family of Swedish heritage. Being Swedish, I learned several values: work hard and smart, be honest, and appreciate the Swedish delicacy of pickled herring. Yum!

I was an award winning gymnast in high school, earned a B.S. in Engineering at Cal State Long Beach, and got married at the young age of 21. Along with my wife Nancy, I moved to the South Bay in 1974 to start my working career at Lockheed Missiles and Space Company. Living in San Jose, we both earned M.S. degrees at San Jose State, mine in systems engineering, and Nancy's in biology.

After a 10-year stint at Lockheed, I made the move into the tech industry and worked for 30 years as an engineer and future product planning manager for Hewlett-Packard and several startups, all related to developing new computer systems and associated peripherals. Along the way we raised two children, a boy, and a girl. They both have families of their own, living in Austin, Texas and Bothell, Washington. That makes us "grandparents-at-a-distance."

After we retired in 2011, we moved to Santa Rosa to build our retirement home and to get away from wall-to-wall freeways and shopping centers of the South Bay. We really enjoy the people and the semi-rural environment of Sonoma County. And, oh, by the way, we love wine!

We lost that home in the 2017 Tubbs Fire, so we've had the privilege of building it from scratch for the second time. In the process, we developed advanced combat skills in dealing with the insurance company. Not an experience we want to repeat.

I spend most of my time golfing, cycling (road bike, 35-mile rides) and doing volunteer work for Habitat For Humanity. I like to read (science, history, investing, technology developments), and I have a wicked sense of humor. We also enjoy taking road trips to national parks in our Tesla. Lots of fun to plan our way through the growing EV charger network!

Members From Branch 76:

Welcome!

Ron Adams — Badge #78



My name is Ron Adams. I was born in Chicago, grew up traveling. I went into the Army in 1955-1958, came back from Korea and was stationed at Two Rock Army Station in Petaluma.

I went to work for Friedman Bros. from 1958 to 1994. My last position was VP and General Manager, and part owner. I live in Santa Rosa with my wife Darlene. My son lives in Petaluma. I like golf, fly fishing and traveling.

Bob Nadell— Badge #157



I was born in Massachusetts in 1951 and my family moved to San Rafael, California in 1962. I am a graduate of Terra Linda High School and College of Marin. In 1974 I graduated from California State Polytechnic University, Pomona with a BS Degree in Kinesiology. I pursued a graduate degree from California State University, Los Angeles and completed a MA degree in Adapted Physical Education. My final Degree of ED.D. was completed in Educational Administration in 2004 at Argosy University. My work history included positions of teacher of Adapted Physical Education, Wheelchair Basketball Coach, Director of Disabled Student Services and Dean of Counseling and Student Development. I held these positions at varying times at Cypress College in Orange County. My final position of Vice President of Student Services was at Modesto Junior College until my retirement in 2011. My wife, Robyn, was also an educator. Her specialty was teaching and mentoring junior high school students. We have two children, Matthew and Amy and two grandchildren, Allyson, and Brooklynn. Tragically Allyson was lost to cancer in 2021.

I served Branch 76 as Secretary, Little Sir, Big Sir, Area 10 Governor, and Area 10 Representative. At present I am the golf Chairperson of Branch 17. We live in Windsor.

Morgan Beatty — Badge #31



I was born in Laredo, TX, and grew up in Indiana. I have BS, MS and Ph.D. degrees in Pharmaceutical Science from Purdue University and had a 30+-year career in Pharmaceutical Research & Development.

My family consists of my wife Winnie Huff Beatty, and we have daughters, sons-in-law, and grandchildren who live in Santa Rosa and Boston.

Golf is my main SIR activity and I look forward to serving on the Golf Committee as Handicap Chair. I formerly was a US Coast Guard licensed charter boat skipper (hence the Capt. Morgan moniker), a sailor and an avid fisherman. I'm available to join you for fishing anytime!

Tom Gemetti — Badge #8



I am a native of Santa Rosa (my father was too), went to Santa Rosa High School (the only one at the time), and received a bachelor's degree from Santa Clara University with a major in accounting. My military service was in the US Army where I spent most of my time with Seventh Army Support Command in Germany.

Most of my working career was spent as the controller of a small chain of local home centers in Santa Rosa and surrounding areas. I was treasurer for Branch 76 for more years than I can remember and have always enjoyed my SIR membership and the friends I have made through it.

My major "hobby" in retirement has been traveling. I still have lots of places to see. I also am involved with other non-profits, helping with their accounting functions.

More Members From Branch 76:

Welcome!

Arvid Sorum — Badge # 188



I was born and raised on a dairy farm in Northern Minnesota near the town of Remer. In 1967 joined the US Navy and served for 12 years. After I graduated from San Jose State University with an Engineering degree in Aeronautics I joined United Airlines at the San Francisco Maintenance Center and retired after 25 years.

I am married with four children, eight grandchildren, and six great-grandchildren. During retirement I joined SIR Branch 76 and have now transferred to Branch 17. My hobbies include restoration, fixing and modifying things, camping RV-style and golf.

Jim Stocks — Badge # 134



I was born and grew up and went to school in San Francisco. I worked in the computer industry, mostly in banks. We have two children and four grandchildren.

I sailed San Francisco Bay as my hobby, but now it's bocce with the SIR guys. I also served as Little Sir and Big Sir, 2013 and 2014. Recently I was the Attendance

Bob Tutone — Badge # 139

I was raised in Rochester, NY and left after high school to attend UC Riverside. I received my PhD in Psychology from UC Davis and was in private practice until 1986. I relocated to



Santa Rosa and, after a two year stint in commercial and residential real estate, I purchased a decorative glass business from which I retired seven years ago.

Since the need to create has never left me, I started looking for new areas of interest. It has always been my aesthetic preference for simplicity of design and function, and found new interest in LED lamps, cement pots and clocks. Currently, I am focused on clocks—website <https://radicalclocks.com>, – and pickleball! I'm married, no children.

Ron Tonelli — Badge # 184



A short take on Ron Tonelli: I've been a SIR member for many years. I was in the army for six years, worked for Santa Rosa Fire Department for 35 years, and have been a volunteer for the Red Cross teaching CPR and First Aid for 60 years.

I play golf, bocce, pickleball, poker with SIR, and maybe bridge! That's me.

Three New Members Inducted

(Article by *Gordon Boulton*)

Three new members were inducted by Big Sir Chris Nelle at the January luncheon. They are Gary Erickson, sponsored by Dennis Mangan, Kevin Costello, sponsored by Frank Panza, and Walter Clark, sponsored by Gordon Boulton.

Welcome, gentlemen!



SIR Luther Burbank Branch 17

The following is a list of your **2024** Officers and Directors.

<u>Officers:</u>	* Voting Members	<u>Email</u>	<u>Phone</u>
*Big Sir:	Chris Nelle	nelleval@hotmail.com	916-205-1717
*Little Sir:	Neil Wheeler	njmwheeler@science-one.org .	707-291-0271
*Secretary:	Terry Freeman	terryfreeman22@yahoo.com ..	707-235-7066
*Asst. Secretary:	Steven Saulsbury ..	stevensaulsbury@comcast.net	707-328-4627
*Treasurer:	John Gnam	musicmed@sonic.net	707-528-0592
*Asst. Treasurer:	Mike Rogalski	retiredinsoco@me.com	707-575-5090
<u>Directors:</u>	* Voting Members		
*Wynn Bailey		wynn.bailey@gmail.com	707-894-9114
*Barry Bialkoski		barryb64@comcast.net	707-584-8412
*Rich de Lambert		richdelambert@gmail.com	707-545-3490
*Bill Grafeld		billgrafeld@yahoo.com	707-953-6462
*David Harris		dharris95405@gmail.com	707-539-7049
*Marc Perl		mperl@comcast.net	707-595-3264
*Kurt Wehrmeister		kurtwehrmeister@gmail.com ..	630-461-2715
<u>RAMP Chairs:</u>			
Recruiting:	Mike Requarth	mikereq1@yahoo.com	707-322-7839
Activities:	Fred Rose	fredricrose@comcast.net	707-548-5797
Member Relations	George Traverso ..	geosan@sbcglobal.net	707-528-6987
Publicity:	Neil Wheeler	njmwheeler@science-one.org .	707-291-0271
<u>Membership Chair:</u>			
Gordon Boulton		gboulton@aol.com	707-584-8063
<u>Newsletter Editor:</u>			
Bob Conover		raconover51@yahoo.com	760-707-2698
<u>Web Masters:</u>			
Dennis Mangan		dfmangan@gmail.com	301-717-6234
Neil Wheeler		njmwheeler@science-one.org .	707-291-0271
<u>State Officers:</u>			
President:	Dale Decker	daledftg@gmail.com	209-573-0833
Area Representative:	???	???	???

Do We Have Your Correct Contact Info? If you have had a recent change in your address, phone number or partner status check the roster on the branch website, ask to see a paper copy at the monthly luncheon, or contact Membership Chair Gordon Boulton at: gboulton@aol.com or call him at 707-584-8063, to see if we have it. We use the information to send you *The BARK* newsletter, send out dues notices, to find out if you are coming to the luncheon, etc.