



A non-profit club for retired men devoted to the promotion of independence and dignity of retirement

Luther Burbank Branch 17

Santa Rosa, CA



REDWOOD

The BARK Newsletter

August 2013



Big SIR Fred Rose's Message

"Life is what happens to you while you're busy making other plans."— [Allen Saunders](#)

It is August already! You know you have been putting it off! Now it is time to step up and bring a friend – a neighbor – a relative even, as a guest to our upcoming meeting. Keep our Branch 17 growing, that is what keeps us healthy and strong. You, your participation, your involvement, this is all important to the continued growth of our Branch 17. What is your choice of activities? Let me know and we can start a new activities group. We don't have a parachuting club yet, any volunteers? How about wine tasting, beer tasting? Volunteers?

Little Sir Steve Virtue's Message

The guest speaker at our luncheon meeting on Friday, August 16 is the well known and erudite physician: Nick Anton, M.D.

Dr. Anton is now retired after having practiced general internal medicine in Santa Rosa for 34 years. He is a member of PNHP (Physicians for a National Health Plan).

He will deliver a Presentation: "Healthcare Reform--ACA v. Improved-Medicare-for-all" which will include a brief review of our current healthcare system.

Kudos and Thanks to Angelo Coero for engaging Dr Anton!

We (Rich De Lambert and I) are doing forward planning for our November 15 Luncheon Meeting to put together a program that recognizes, honors and thanks our Warrior Veteran SIRs for their patriotism. Would any of you gentlemen be willing to share your combat experiences/display your Memorabilia on that day? Please let us know. Thank you!

July Attendance Report

At the July 19th meeting there were 94 members, one speaker (David F. Fendrick), four guest, and two inductees.

The inductees were Don Coover and Lance Thompson.

The status of Bill House and Gary Lazzarini will be changed to inactive.

Five members resigned: Bob Weise, Jack Dendon, Norm Mochel, Randy Haupt, and Ker Latchman.

Remember, if your guest is a No-Show, **YOU** are responsible for the payment of the meal that was ordered for him.

Please, you must call or email before 10:00 A.M. on the Monday preceding the meeting for an excused absence, **otherwise you will be charged for a meal.**

Assistant Chair: Marv Schouweiler — mschouweiler@att.net — (707) 695-3568

Attendance Chairman: Lou Funk

Guest Speaker

Seen here with Little SIR, Steve Virtue, our guest speaker at our Luncheon Meeting on Friday was David F. Fendrick, Chief Executive Officer/General Manager of River Rock Casino.





[Top of Page](#)

Meeting Schedule - August 16, 2013

- [Board: 10:15 A.M.](#)
- [Social Hour: 11:00](#)
- [Lunch: 12:00 Noon \(Committee Reports and Announcements\)](#)

Please **do not** leave the meeting while our guest is speaking.

[Place your badge into the collection bucket as you leave.](#)

[Attendance Chairman: Louis P. Funk](#)

Luncheon Menu

- Carrot Bisque Soup.
- Fresh baked bread and butter.
- Bayshrimp Salad with cocktail sauce, lemon, avocado, spring mix, cherry tomato, served with Dill Ranch dressing and fresh fruit.
- Fruit Salad and Ice Cream for dessert.
- Coffee, ice tea, and ice water.

Alternate Entree:

- [Vegetarian Lasagna with Parmesan cheese and Marinara sauce.](#)

GREETERS:

- Rich de Lambert
- A Board Member

BARTENDER:

- Tom Lubas

- IMPORTANT -

You must contact Marv or Lou **before** 10:00 A.M. on the Monday before the Friday meeting and provide:

Alternate Entree Request

- Your name
- Badge number

Absence Request

- Your name
- Badge number
- Reason for absence

Bringing a Guest

- Your name
- Badge number
- Guest's full name
- Guest's entree choice

Contacts

- Marv Schouweiler
mschouweiler@att.net
707-695-3568
- [Lou Funk](#)



A little boy went up to his father and asked, "Dad, where did my intelligence come from?"

The father replied, "Well, son, you must have got it from your mother 'cause I still have mine."

Golf Report - Jim LaMar

Thanks for all the participation on Monday, July 29th, Gents. 'Twas the "greatest number of participants" EVER since I have done the scores.

A **reminder**, we have a September "DO" at Solvang, (State) and then if you want Monterey Peninsula, there are open spots usually during the State run Championship at Laguna Seca in October. All can be found by going to www.sirstategolf.com and scrolling thru the months (entry forms and all). CHECK 'EM OUT.

Announcements

Are you interested in a trip to the beautiful Arboretum in Golden Gate Park, San Francisco? Wives and/or guests are invited. Contact [Vern Calsy](#) at 545-0932, or better yet, stop by the Garden Club meeting at 11:30, in the board room before the regular meeting.

[Golden Age Cruise to Alaska](#) — Sail with us this August from San Francisco to Alaska and back. We'll visit Juneau, Skagway, and Ketchikan; sail the length of Tracy Arm to Sawyer glacier; and make Victoria, B.C. our final port of call before returning to San Francisco.

If you're interested in trips to the Panama Canal, Italy, Cuba, and so much more, visit the [State SIR Travel web page](http://www.sirinc.org/new_site/travel.html) at http://www.sirinc.org/new_site/travel.html.

Please visit the [Activities](#) page for additional detail.

All activities arranged for, or by, or sponsored by, SONS IN RETIREMENT, INC., and its Branches, are for the convenience and pleasure of the members and their guest who desire to participate. SONS IN RETIREMENT, INC., and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.