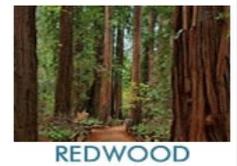




A non-profit club for retired men devoted to the promotion of independence and dignity of retirement

Luther Burbank Branch 17

Santa Rosa, CA



REDWOOD

THE REDWOOD BARK NEWSLETTER For NOV. 15, 2018 Meeting

NEW LOCATION: meeting at **LEGENDS** in the Bennett Valley Golf Course, 33258 Yulupa Ave., Santa Rosa, CA

For **Excused Absences**, **Guests Lunches** or **Alternate Lunch Selection**, please, you must call or email before 10:00 am on the **Monday preceding** the meeting for an excused absence, otherwise you will be **charged** for a meal.

Contact: **John French**, sonomaink@yahoo.com 707-280-4120 or **Marv Schouweiler**, mschouweiler@att.net 707-484-3070

Meeting Schedule

Regular Board Meeting: **10:00am**

Social Hour: 11:00 am

Lunch: **12:00 noon**

Speaker: Jack Tibbetts, SR Council Member

Adjourn by: **1:30 pm**

Please place your badge into the collection buckets when leaving through the side door to the parking lot area!

Lunch Menu

Caesar salad

Roasted pork loin with apple chutney, roasted potatoes, green beans.

Pumpkin pie

Beverages; Regular or decaf coffee, iced tea or water. Sodas are free but must be picked up at the bar.



BIG SIR Robert Reuther's Message

rareuther@yahoo.com 707-343-1134

"Patience is not simply the ability to wait-it's how we behave while we're waiting."—Joyce Meyer Author



LITTLE SIR Dennis Mangan's Message

dfmangan@gmail.com 301-717-6234

He who cannot follow cannot be a good leader.

Aristotle

This last month was our third meeting at our new location after 12 years at our former meeting place. We are still in the process of learning and will be for some period of time. At our last luncheon we realized that the food was sitting too long and that we need an earlier start.

I would also like to mention that several members were dissatisfied with the menu at our last meeting. What was served, and the cost value did not meet our expectations. Several members are working on correcting our dissatisfaction.

Many new ideas were talked about at the BEC meeting. One was that it is a good idea to take a prospective new member to one of our activities before the monthly meeting. A good start that appeals to all is Boys' Night Out. This gives the person personal contact with our members.

We have found that our membership has been restricted as some men have not joined or resigned because of religious identity. *(continued on page 3)*

I once worked as an administrator at a large university. The President of the university was a big fan of holding workshops for the faculty to improve their leadership skills. Yet, university faculty are people who, like cats and rhinos, don't like to follow anyone's directions. The retreats were useless. I flippantly suggested we should have workshops on "followership" rather than leadership. I've since learned that being a follower can actually make you a better leader. Channeling ambition into the organization rather than the self can make you a great leader. Our SIR members who have been in the military know this well.

To be a good club member, teammate, co-worker, or partner, you have to be a good follower. Here are five ways to be an outstanding follower. 1) Be aware of the needs, weaknesses and potentials of others.

2) Accept differences in others (this is so especially true in today's hostile political climate.)

(continued on page 3)

Luther Burbank Branch 17 is in Area 10 of Region 3.
The following is a list of your 2018 Officers and Directors.

OFFICERS:

BIG SIR: Robert Reuther	Email: rareuther@yahoo.com . .	Phone: 707-343-1134
LITTLE SIR: Dennis Mangan	dfmangan@gmail.com . .	301-717-6234
SECRETARY: Jim MacMillan	jmacmillan@ieee.org . . .	707-969-9830
ASST. SECRETARY: Jim Gurke	ljgurke@gmail.com	707-843-3464
TREASURER: Glenn Seime	gseime@sbcglobal.net . .	707-537-5360
ASST. TREASURER: (Vacant)
IMD. PAST BIG SIR: Ted Scapeccia .	tescape@sbcglobal.net .	707-539-5049

DIRECTORS FOR ONE YEAR

Barry Bialkoski
 Mark Burchill
 Bill Traverso

DIRECTORS FOR TWO YEARS

Gary Bondi
 Rich Scudero
 George Traverso

WEB MASTER

James MacMillan

BARK EDITOR

Jim Fenstermaker

Branch 17 website: www.branch17.sirinc2.org
 or email: sirsbrn17@gmail.com

AREA 10 GOVERNOR
 Robert Reuther

REGION 3 DIRECTOR
 Dean Faris

PRESIDENT OF SIRinc.
 Derek Southern

Chaplains' Corner:

This column has been removed and will no longer be a part of this newsletter, along with no more invocations will be offered at the start of our meeting and the "Christmas Party" is now to be a "Holiday Party." This is due to a few non-Christian members that feel these items do not belong in our Branch 17 organization.

Our founding fathers on June 23, 1958 established one of the basic principles of our organization that is the backbone of our organization, "No espousal of any political, religious, sectarian or fraternal philosophy or organization."

Our Mission Statement States: "The Mission of SIR is to improve the lives of our members through fun activities and events-while making friends for life."

By these changes your SIR BEC is trying to fulfill our basic principles and Mission Statement.

For more information contact any of your officers or board members listed above.



OCTOBER

Membership Relations:

John French, Chairman

sonomaink@yahoo.com

707-280-4120

At our last meeting, we had 52 active members that attended, along with three guests to become potential new members and our speaker, Brian Farragher from Hanna Boys Center.

Our guests were: Davis Bullwinkle, sponsored by #127 Jim Dale, Bruce Coddling who responded to our Meetup site and Steve Saulsbury, sponsored by #115 Gordon Boultsbee.

Three were new members inducted in our October 18th meeting. They are: #167 Ken Johnson sponsored by #42 Romie Schneider, #166 Ken Tran who responded to our PD ad, and #92 Kurt Wehrmeister sponsored by #90 Fred Rose. Davis Bullwinkle, sponsored by #127 Jim Dale, is due to be inducted at the November 15th meeting.

Changes in the rules about retirement

"What is the definition of "Retired" for the SIR organization? Some members may be unaware that a changed definition of "Retired" for the SIR organization was proposed and Approved at the June Board Meeting.

Rule 2 (q) now reads: "Retired" means the status of a man who has ceased full-time employment, is working only part time, is contemplating leaving full-time employment in the near future, or has reached the point in his career when he has discretionary time to engage in social networks, meetings, events and luncheons. (New 6/21/18)

Rule 50 has also been rewritten and Approved. It now reads: Membership shall be open to any man retired from full time gainful occupation or only working part-time regardless of age, race, color or religion that will participate in SIR activities and events, can reasonably attend luncheon meetings, and will also be willing to volunteer and bring guests for the purpose of perpetuating the organization. (Revised 1/11/93) (Revised 11/8/11) (Revised 7/7/18)

Other Rules may require editing to bring them into alignment with the new definition. Such changes will be proposed and voted on as needed."

Part of a message from SIRinc President Derek Southern

BIG SIR Message *(continued from page 1)*

One problem pointed out is that our monthly meeting invocations appear to be religiously directed. Men want to belong to our organization for our activities and not for causes or religious beliefs. Rule 50 speaks to this as well in the 2018 Big SIR's Guide that an invocation is optional. Two mottos that capture the nature of SIR are "Make Friends for Life" and, "We are SIR, the activity club for men." We need to stay within our purpose. Our monthly get-togethers should be directed towards fun and camaraderie.

Other local organizations such as service clubs or toastmasters have eliminated invocations because of this. In the future we have decided to take the middle ground and use the terminology "Positive Thought for the Day."

LITTLE SIR Message *(continued from page 1)*

3) Have the courage to dissent if someone is doing something wrong or hurtful.

4) Learn to work with people in order to bring out the best in them.

5) Keep thinking, creating, and sharing ... your ideas are critical for positive change.

Like any club, SIR 17 has opportunities for leaders and followers. Both roles are central to a healthy, progressive organization. This month I tip my hat to our veterans for your service, and thank our members for being here... your leadership/fellowship is appreciated!

List of the November Birthdays

Gordon Boulton	Henry Bredell	Ken Clark
Bud Giacomelli	Duane Jensen	Hank Karow
Frank Moreda	Chris Nolen	Rich Scudero

HAPPY BIRTHDAY!



Joke of the day!

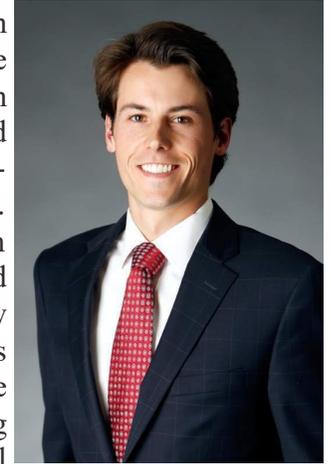
I feel sorry for people who don't drink. When they wake up in the morning, that's as good as they're going to feel ALL day!

[Return to Page 1](#)

Nov. 15, 2018 speaker, Jack Tibbetts

Jack Tibbetts is a Santa Rosa City Council Councilmember, and the Executive Director for the Society of Saint Vincent de Paul, Sonoma County. Additionally, he serves on the boards and commissions of the Santa Rosa Public Utilities, Sonoma County Public Library Foundation, Children's Humanitarian International, Roseland University Prep High School, Pediatric Surgery Initiative (PDI Surgery Center), Roseland Cup Organizing Committee, and Parks Now.

Jack's local roots run deep. He was born at the old Sutter Hospital on Chanate Road and attended Saint Eugene's and Montgomery High School. After graduating from UC Berkeley, he returned to Santa Rosa. Jack now devotes his time to issues such as more renewable clean energy, improving roads, supporting local businesses, and tackling homelessness.



Jack's talk is sure to resonate with many of our concerns and suggestions for a better region, and there will be time for questions and comments.

article by (Dennis Mangan)

Calendar of SIR Events for NOV. 2018

Any Monday **Golf** at BVGC
 Any Monday **Bowling**, Double Decker Lanes, R/P, 10 am
 Nov. 4 Daylight saving time **ENDS**
 Nov. 6 Election Day, be sure to **VOTE**
 Nov. 8 **Poker Fest**, Legends, BVGC, 12:30 pm
 Nov. 10 Vanilla Cupcake Day
 Nov. 11 Veterans' Day
 Nov. 11 Last day to reserve for BNO
 Nov. 13 **Bridge Club**, Legends, BVGC, 10:00 am
 Nov. 14 **Boys' Night Out**, Tippi Thai Cuisine, 6:00 pm
 Nov. 15 **SIR Meeting/Luncheon, Legends**, 11:00 am
 Nov. 15 Clean Out Your Refrigerator Day
 Nov. 17 Take a hike day
 Nov. 22 Thanksgiving Day
 Nov. 27 **Bridge Club**, Legends, BVGC, 10:00 am
 Dec. 20 **SIR Holiday Luncheon with the Ladies**, 11 am

ACTIVITIES:

Bocce:

(Article by Mark Burchill)

Four SIRs and a guest got together at Mark Burchill's backyard bocce court for the inaugural gathering of the SIR bocce group. The weather cooperated nicely, and a good time was had by all. We are still working to settle on a schedule. We plan to try some different bocce courts in Sonoma County.



If interested, then contact Mark Burchill, email at: SIRMarkB@sonic.net or call 707-542-2529

Bowling:

(Article by Mike Heinzelman)

If you have an interest in joining the SIR bowling league, or just want to see how Mike is progressing, come-on-down to Double Decker Lanes in Rohnert Park any **Monday at 10:00 am**. Ask for the SIR bowling group. (Remember, it's not a weekly commitment--just come when you can.) Whether you are a good bowler or a beginner, you are welcome.



For more information call Mike Heinzelman at 579-6615 or email to: mdheinz2@gmail.com.

Boys' Night Out:

(Article/ by Mark Burchill)

A small but engaged group of five SIRs braved treacherous wonderful (sunny, low 70's) weather to travel to exotic Roseland for some very creative Peruvian food at Sazon. Sazon is known for their Ceviche, and two adventurous souls tried the Ceviche sampler. Others had steak, noodles or chicken. Conversation was, as always, wide-ranging. We talked about the weather (hurricane Michael in Florida), the economy (a more than 800 point drop in the Dow earlier that day), health, and, or course, the anniversary of the fire.

Next month on **Wednesday, November 14th**, we will return after four years to **Tipp Thai Cuisine**, 1778 Piner Road, at the corner of Coffey Lane. Many restaurants near Coffey Park are hurting, due to the loss of more than 1,500 of their local customers, so a SIR BNO will help contribute a bit to that area's economy. We'll also be enjoying some very tasty Thai food.

(continued top right)

Boys' Night Out:

(continued)

For more information, call 707-542-5772, or to view their menu go to:

<http://tippthaicuisine.weebly.com/menu.html>

There will be **NO BNO** in **December**. Due to popular demand, the Washoe House will be on the agenda in early 2019. If you are on the email list, you will receive an invitation. Or feel free to reach out to Mark Burchill, at SIRMarkB@sonic.net.

Reservations are a must!

Contact Mark Burchill at: SIRMarkB@sonic.net or call 707-542-2529 by Nov. 11th.

"I want to let you know that I will be stepping down as coordinator of BNO, effective December of this year. I have been coordinating BNO for more than three years. It has been great fun. However, next year I will be sharing the Big SIR responsibilities with Dennis Mangan. I have learned from previous organizations I have led that I need to focus on the most important leadership position and shed others." *Mark Burchill*

Bridge:

Bridge is an important activity with many of our members not only within our own branch but with participation of members from other branches in our area. Bridge activities are coordinated by chairman Al Black, email to rosaridge@comcast.net or call 707-578-3210.



We welcome new and interested members who are thinking of joining the pool of players.

Bridge days scheduled this month for play at Legends Restaurant in Bennett Valley starting at 10:00 am on **Tuesdays, Nov. 13th and 27th**.

Rule changes made in SIRinc State Board meeting, 10-30-18

Our membership should be aware of the following changes. At the State Board meeting on October 30, 2018, the following Rules were passed with immediate effect.

Monthly Meeting Attendance:

Rule 100: A member shall be required to attend one-half of the regular Branch monthly luncheon meetings within the previous 12 month period unless the Branch BEC has approved a different attendance requirement(s). A member shall be notified in writing, e-mail, and/or telephone by his Branch if he is in violation of the Attendance Rule 100 and is subject to the termination of his Branch membership. See Rule 107.

Dual Membership:

Rule 50: Membership in more than one Branch is now permissible.

Couples' Night Out: *(Article by Fred Rose)*

Dela Santana's restaurant in Sonoma was the scene of the last CNO for this year. It was so well attended that there were two seating times, one at 5:00 pm for twelve members and the other at 7:00 pm for the remaining six members.

"I thought the kitchen was a little slow so I can see why they wanted to give us a limited menu. The food was very good even if one of us got a different duck dinner than what she ordered. My sea bass was excellent. The waiter was busy but managed to keep in touch with us and made a very nice wine recommendation, an Italian Barbera. Everyone seemed to enjoy their dessert although I thought the tiramisu was only fair."



2018 was a very interesting year for CNO. The popularity of CNO has created some interesting challenges. A separate check per couple? Really? How many of you? Really? So, I have learned to start with, "will you do separate checks per couple?", followed by "how many can you seat and still have the full menu available?" Trying to find new venues and different ones has become interesting. I thought Central Market in Petaluma was a good find for us. A new favorite, Gravenstein Grill in Sebastopol was discouraging this year but in the long run worked out. We may have to do two time slots to get full menus there. John Ash was an interesting challenge. I thought our dinner there was very good. The pre-planning—*there wasn't any*—resulted in a frenzied attempt to work it out, my thanks to all of you who helped get the separate reservations. If everyone agrees we will try it again in 2019. Glen Ellen Inn Grill and Martini Bar, I thought, was just great! Definitely going there again.

Due to the upcoming Holiday Season, there will **NOT** be a Couples' Night Out event in neither November nor December, 2018!

Contact Fred Rose: fredicrose@comcast.net or call 707-548-5797 to find out more information about some changes coming up for next years events. Thanks to all of you who helped make Couples' Night Out this year such a wonderful and fun event. Looking forward to next year. Hope to see lots of new faces to attend!

GLOBAL FORUM: *(Article by Marvin Mai)*

The Global Forum will be back to their regular meetings on **Friday, November 9th at 9:30 am**. All SIR members interested in exploring our global environment are invited to join the monthly confab at: **4743 Woodview Drive, S/R**.



(South on Summerfield Rd to the end, turn left up the hill about 1/3 mile, the house is on the left.)

PARK IN THE DRIVEWAY OR IN THE BAY ACROSS THE STREET, AS THERE IS **NO PARKING ON THE STREET.**

Should you have any questions, please email Marvin at mairmarvin57@gmail.com or call him at 707-545-2224.

GOLF:

Here's a few golf opportunities you won't want to miss out on.

Nov 5 -- Four Man Scramble at BV followed by **FREE Burger & Beer at Legends**.

Nov 13 & 14 -- State Individual Championship at Bayonet GC in Monterey.

Nov 15 -- Nine holes of golf (off the back nine) at BVGC prior to the branch 17 SIR meeting at Legends.

7:30 tee time for board members -- finishes up @15 minutes prior to board meeting.

8:15 tee time for everybody else --finishes up @30 minutes prior to SIR meeting.

*****RESERVATIONS ARE A MUST*****

Contact me if you're interested.

The recent offer for BlueRock Springs through GolfMoose has ended. If you purchased a voucher and would like to play as a group in November, let me know and I'll set up a tee time that works out for the most number of people. If you plan to play individually, your voucher is valid through Jan. 31, 2019.



Until next time, Good Golfing,
Roy Thuestad 707-975-4406
roymond@comcast.net

POKER FEST:

(Article by Steve Edelstein)

We are looking to add **four** more players to start a **second** game, possibly on Thursday, November 29th. We have three players who are willing to play twice a month. We would be willing to help you learn how to play. It's fun and good way to meet your fellow SIR members.



The new date is Thursday, **November 8th** from **12:30 pm to 4:00 pm**, at **Legends** in the Bennett Valley Golf Course. Check with Steve to confirm that the **second date** will happen.....

Contact Steve Edelstein by email at:

1hatisland@gmail.com or call 707-206-8084.

Please leave a message, I **will** return your call.

Travel Golf has ended for the season and will resume in March 2019.

Between now and then, think of courses that you'd like to see included in our line-up and let us know. If you have any feedback as to how the Travel Golf experience can be improved, all ears are open. We look forward to March when we resume our traveling adventures.

(article by Roy Thuestad)

Branch 17 Officers & Directors for 2019

Installation to be held at our Meeting Thursday, Nov. 15th.

Big SIR: Dennis Mangan and Mark Burchill

Little SIR: George Traverso

Secretary: Jim Gurke

Assistant Secretary: Jim MacMillan

Treasurer: Glenn Seime

Assistant Treasurer: Mike O'Neill

Directors 1 Year: Gary Bondi and Rich Scudero

Directors 2 Years: Paul Willihnganz and Chris Nolan

Since we have something new this year with TWO Big SIRs, this is how it has been proposed to work. At any time, one of the Big SIRs will be the "official" Big SIR. Tentatively the plan is to switch places, maybe, every three months and by all means let the members know who is serving in the official capacity. If one Big SIR is not available to conduct the meeting then the other one will be. Members, of course, can always contact either Big SIR with your suggestions, questions or concerns.

Wine , Beer & Spirits Appreciation:

On Tuesday Oct 16th eleven lucky members and guests enjoyed a tasting of some fine wines from the Mayo Family vineyards at their tasting room in Glen Ellen.



Winery owner,
Jeff Mayo,

offered up some of their most popular vintages and current Harvest Fair gold medal winners. He also gave a talk on the family history of the winery, the varieties they produce, vineyard locations and many other interesting facts. Following the tasting we ventured to VJB Cellars in Kenwood for lunch outside on their plaza. All in all, a beautiful day for wine, food and camaraderie!

If you have not attended our events in the past, you appreciate fine wine and great company, then we encourage you to attend our next outing.

We are planning our next event for sometime in January, 2019, as we all know the months of November and December are busy times with all of the Holidays.

In the meantime, **Alla tua salute!** (To your health)

Thanks! *Gary Bondi*

Recap of the October 18th speaker

Brian Farragher, Executive Director of the Hanna Boys Center, discussed how his organization helps young boys meet and overcome the challenges of their lives. Boys who are challenged by family issues, substance abuse, and sometimes just



making poor choices are given a chance to change their life's direction. Brian's own expertise in providing tools to heal from trauma (emotional as well as physical) is giving the boys new hope for a better outcome. Due to equipment issues, he was not able to present his PowerPoint images. Instead Brian talked from the heart of the real things that the Hanna Center can do to help boys who really want to change their outcome.

It was an excellent and moving presentation, one that will be remembered for a long time.

(article by Mark Burchill)

BRANCH 17 ANNUAL HOLIDAY PARTY

Thursday December 20, 2018 at the Legends, Santa Rosa.

No Host Cocktail Hour starts at 11:00 am in the Legends bar area. Drinks are special priced by showing your SIR name badge. Sodas are free!

A SIT-DOWN SERVED Lunch to start around 12:00 noon.

This will **NOT** be a buffet like our regular meeting lunches have been.

The Holiday Committee has planned a great party for our members and their guests. You may choose either: roast prime rib of beef or oven roasted salmon with a creamy Dijon dill sauce. Either entrée comes with: classic spinach salad with egg, bacon, red onions with a raspberry vinaigrette, creamy mashed potatoes, fresh roasted vegetables, along with bread, butter, wine, coffee and water. Dessert will be cheesecake.

At the bottom of this page is a form to send to reserve a seat for you and your guests. Simply complete the form, detach it, send it along with your check and a self-addressed, stamped envelope to Stan Borges. Make checks payable to: SIR BRANCH #17. Your tickets will then be mailed to you.

SEND FORM BELOW TO:

Stan Borges, 2011 Stone Wood Drive, Santa Rosa, CA 95404-2536

TO ASSIST STAN WITH THE SEATING ARRANGEMENTS,

PLEASE RESERVE A TABLE FOR YOUR GROUP.

Mark your choice of entrée below:

Prime rib ___ or Salmon ___ at \$35.00 per person = \$_____ Ck # _____

Your Name: _____ Badge # _____

Names of persons in group, (tables of eight)

THE CUTOFF DATE FOR TICKET PURCHASE IS DECEMBER 9, 2018

ADVANCE RESERVATIONS ARE REQUIRED!

NO TICKETS WILL BE SOLD AT DOOR.

Hope to see you all there, Bob Gaggero, Chairman

The Poem of the month!

In Flanders Fields

By John McCrae, 1872 - 1918

In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place, and in the sky,
The larks, still bravely singing, fly,
Scarce heard amid the guns below.

We are the dead; short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields.

Take up our quarrel with the foe!
To you from failing hands we throw
The torch; be yours to hold it high!
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.

Veterans Day 2018

2018 marks the Centennial Commemoration of the end of World War I on November 11, 1918. The theme for the 2018 Veterans Day Poster is: "The War to End All Wars" and features a poppy and barbed wire.

Anthem Veterans Memorial:



The Anthem Veterans Memorial has five pillars that represent the five branches of the United States military. They are staggered in size and the military seal placements on each pillar are based upon the Department of Defense prescribed precedence, ranging from the United States Army, the United States Marine Corps, the United States Navy, the United States Air Force, and the United States Coast Guard.

On Veterans Day at precisely 11:11 am the sun's rays will pass through each of the five pillars' elliptical openings to illuminate a glass mosaic medallion of the Great Seal of the United States.



NON-RESPONSIBILITY DECLARATION

All activities arranged for, or by, or sponsored by, SONS IN RETIREMENT, INC., and its Branches, are for the convenience and pleasure of the members and their guest who desire to participate. SONS IN RETIREMENT, INC., and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.

NEW

BAR INFORMATION

WATER, ICED TEA, SODAS, & COFFEE ARE ALL AVAILABLE ON THE TABLE IN THE MEETING ROOM AND ARE INCLUDED IN YOUR LUNCH PRICE.

FOR ALL OTHER DRINKS, GO TO THE MAIN BAR AND SHOW THE BARTENDER YOUR SIR BADGE.

FOR \$5.00 YOU CAN PURCHASE: ANY WELL LIQUOR DRINK, HOUSE WINES BY THE GLASS OR ANY DRAFT BEER.

FOR ONLY \$3.00 YOU CAN PURCHASE A CAN OF COORS LIGHT BEER.

A special Thank You to members Gordon Boulton and others for helping me by spotting all my errors in grammar, punctuation, spelling and any other boo-boos I have made before the final edition goes to press and you see it. Jim, the Editor