



A non-profit club devoted to the promotion of independence and dignity.

Luther Burbank Branch 17, Santa Rosa, CA,

Website: <https://www.sir17.org>



The **REDWOOD BARK** Newsletter May, 2023

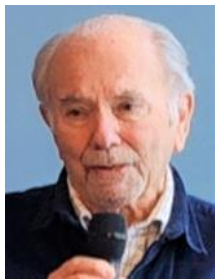
All members are invited to attend our next SIR In-Person Luncheon/Meeting on Thursday, May 18, 2023 at Iron & Vine, 3330 Yulupa Avenue, S/R

If you told the Phone Committee **"YES"** you plan to attend but find later that you will be unable to attend, you need to contact **Al Petrie** at 707-974-9193 or email alpetrie7@aol.com by noon **Wednesday, May 11th** to help keep our count more accurate. Also of importance is, if you are bringing a guest or if you originally said **"NO"** but changed your mind and decided to go after all, in either case, then please contact **Al Petrie** per the above!

May 18th Lunch/Meeting Schedule: **Social Hour:** 11 am, **Lunch/Meeting:** 12 noon,

The menu will be posted on our website sir17.org on May 12th.

Notice: Our lunch venue has changed to **Iron & Vine** (formerly *Bennett Valley Grille*) at the Bennett Valley Golf Course. To enter the building, please use the side entrance to the left.



Big Sir Gary Bondi's Message

gbond@sonic.net 707-539-2445

Hard to believe, it is already May! As of the April meeting, we have completed the first four months of our SIR 2023 year. A lot has happened in our branch this

year and a lot more to come! We began the year with the move from the Epicenter to our former home at Bennett Valley and that has worked well. We also added several new members and welcomed back members we have not seen for awhile. We continue to see familiar faces returning at each meeting, among them were Lloyd Von Der Mehden, Jim Dale, and Kent Richmond. There were also two guests, Lou Maricle, guest of Art Appling and Rich Harkness, guest of Rich de Lambert.

Our attendance has also increased since our move. We are now averaging around 60 members a meeting, up from about 40 at Epicenter, and hope that number will continue to increase. Thank you to all the members who helped to increase our attendance and returned to our luncheons.

(continued on page 2)



Little Sir Chris Nelle's Message

nelleval@hotmail.com 707-527-0576

Golly, from sports stories, to stem cell research, to labor economics and then homelessness my head is spinning! But, some of the vast emptiness of my brain has been injected with some pretty interesting material and further supporting the notion that the world is truly fascinating and so special.

At the May meeting we will be inspired by hearing from Frank Allocco, Executive Sr. Associate Athletics Director, External Relations for the University of San Francisco. Frank, self admittedly, gave Joe Montana his start! But beyond that, he is a basketball savant with an amazing record as a high school coach. As you could probably imagine, he is a terrific motivator. Motivating young men is needed to have guided his teams to a combined 654-99 win/loss record over 24 years and three state championships! In June, we have our fabulous picnic (tickets on sale, don't delay), then we return to Iron & Vine in July

(continued on page 2)

"You Are a Member of the Recruiting Committee."

If you haven't asked your friend or neighbor to a SIR event, please get on the phone, and call them today. Remember, our activities (coffee, walking, etc.) are great places to have friends join you and learn about SIR!

Big Sir Message

(continued from page 1)

Our Little Sir, Chris, has done an excellent job providing speakers and programs. He also has several interesting and informative programs scheduled for future meetings. You can find more information regarding speakers in his Little Sir article. Once again, Ted Scapeccia is putting together our annual picnic, scheduled for Thursday, June 15th. Those of you who have attended in the past know what a great event this is and if you have not attended, don't miss out on this year's event. We also continue to see increased participation in our many activities and have added some new ones. With the support of all our members, our branch has continued to grow and survive! We appreciate your continued support and participation. Bring a friend/prospective member to our next meeting and show them the many things our branch and SIR has to offer.

Joke of the Month



An interesting thing about golf is that no matter how badly you play, it's always possible to get worse.

(Joke by ChatGPT)

May Birthdays

David Bullwinkle	Kenneth Fox
John Hafner	Stewart Lauterbach
Peter Lee	Harold Minkin
Bud Morgan	Mike O'Neill
Lance Thompson	Roy Thuestad

HAPPY BIRTHDAY!

George Traverso was the Birthday Boy winner for the month of **April!**

A special **Thank You** to members Gordon Boulton and the many others for helping us by spotting all the errors in grammar, punctuation, spelling and any other boo-boos that have been made before this final edition goes to press and you see it. *Jim & Rich, the Co-Editors*

[Return to Page 1](#)

Little Sir Message

(continued from page 1)

with a talk from Santa Rosa's Chief of Police John Cregan. Then in September, we've got Santa Rosa City Manager Maraskeshia Smith. Fellow members Ted Scapeccia and Stewart Lauterbach have agreed to share some interesting stories with us from their life experiences; Ted with his Honor Flight trip and Stew with his many years in trauma care as an ER doctor here in Santa Rosa. I'm working with them to arrange convenient dates. I've reached out to fellow member Tony Negri, former Santa Rosa High School Principal, to see if he could get the high school's fabulous choir to entertain our club at our December meeting.

Don't forget about the picnic!!! June 15th at the outdoor pavilion at Windsor Golf Course. Tickets are \$40/each, it's fun and with great food...it's a date format so bring a significant friend!



Chris Nelle presenting Speaker Margie Petti-bone with a bottle of wine.

As We Age!

Age 60 might be the new 40, but 9:00 pm is the new midnight.

Remember, if you lose a sock in the dryer, it comes back as a Tupperware lid that doesn't fit any of your containers.

If you're sitting in public and a stranger takes the seat next to you, just stare straight ahead and say, "Did you bring the money?"

I finally got eight hours of sleep. It took me three days, but whatever.

SIR Branch 17, Member Profiles:

Neil Wheeler Badge #24

Imagine a boy, 12 years old, tucked away in his bedroom at night listening to exotic radio stations on the short-wave radio he built and hooked to an antenna way up in the attic. Neil was fascinated with science and electronics. He loved his home chemistry set experiments and truly enjoyed physics in high school. From this, you could get an image of Neil as a nerdy guy, yet there's so much more to him than just tech interests.

Growing up in Napa, his home life included taking care of horses, cows, chickens, and goats on the family "mini ranch." He joined the California Cadet Corps in high school where he learned to develop leadership, academic excellence, and basic military and practical knowledge. CACC's cadets have become astronauts, chemists, doctors, and other professions. Founded in 1911, the Cadet Corps motto is "*Essayons*," a French word meaning "Let us try." That is the essence of Neil's personality...let us try!



Neil's professional career centered around meteorology; a scientific discipline considered to be the "physics of the atmosphere." Neil has a passion for teaching physics, and he has taught at SRJC as well as other colleges and universities. He studied and computer-modeled air quality for California and organizations and governments worldwide. While in Sacramento, Neil met Barbara on a blind date. Barbara was a lobbyist for the trucking industry at the same time Neil was helping to set up the stricter clean air regulations for the state. Despite their employers being on opposite ends of the environmental spectrum, Neil and Barbara found a way to get truckers to actually support clean air regs. This success in legislative activities eventually led to wedding bells for Neil and Barbara.

Neil has an adventuresome side that shows up occasionally in his life story. He studied the history of the fur trade

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Member Profiles:

(continued)

and got involved with a mountain man community, where he enjoyed doing re-enactments of wilderness life, dressing in buckskins, firing muskets, and living in tipis. Despite being a highly educated meteorologist, Neil was thrilled to get close to tornados and was one of those crazy storm chasers. He confessed though he was a "chicken s**t" storm chaser and followed the motto of surviving chasers: "make sure you are chasing the storm and it's not chasing you!"

Neil has become the "go to" guy in our club since joining SIR 17 in 2021. During the Zooming days of the pandemic, Neil installed cameras and microphones so we could attend our virtual luncheons and BEC meetings. He has also set up the closed captioning at our meetings to envision textual dictation of our spoken words. Neil is a strong advocate for increasing our membership and serves on the RAMP committee as our Publicity Chair. He is a delightful, kind human being and a resourceful club member who is always willing to "give it a try!"

(Article by Dennis Mangan)

SIR Polo Shirts

(Article by Neil Wheeler)

At the May Luncheon we will be taking orders for Jerzees® Ring-Spun Cotton Embroidered Men's Polo Shirts. They are available in five sizes (S M L XL 2XL) and eight colors (Red, Dark Green, Black, Gray, Maroon, Navy, Royal Blue, and White). Branch 17 will be embroidered below the SIR Logo and your name above the logo.



The prices are \$17 for all sizes except 2XL which is \$18 and includes sales tax. Payment can be made by cash, or a check made payable to SIR 17. See Sir Rich de Lambert for details at the May meeting.

The SIR Branches 17/176 Picnic

Thursday, June 15th, 2023

Outdoor Event Area at Windsor Golf Course

1302 19th Hole Drive, Windsor, CA

Catered By Charlie's at Windsor Golf Course

11 am Social Hour

12 noon Lunch Served

BBQ Chicken, Veggie Pasta, Chili Beans, Corn on the Cob

Salad, Bread, Butter & Dessert

Wine, Beer, Soft Drinks

Raffle & Music

All for Only \$40.00 per person!

Tickets On Sale at May 18th Meeting
or

Purchase tickets by mail from:

Al Petrie, 2188 Francisco Ave., Santa Rosa, Ca 95403-8173

707-974-9193 / alpetrie7@aol.com

Purchase by mail deadline is June 1st.

Be sure to include mailing address and name(s) for name tags.

No tickets will be sold the day of the Event.

All members and guests will be required to have a signed SIR Event Waiver
and Release of Liability for Exposure to COVID-19 on file.

Contact Ted Scapeccia Br 17 Picnic Chair with questions.

707-529-0063 / tescape4@gmail.com

Activities:

Bocce:

(Article by Chuck Stark)



We are now meeting at 10:45 am at Julliard Park EVERY Friday to roll the pallino. I can't personally be present every Friday and until we get a co-captain, it's a good idea to let me know you are coming in advance so we have someone there with the equipment.

We organize several matches depending on the turnout. We join with Branch 76 members also. (Mark is their Captain.) We have had between five and seven Branch 17 members join in the fun during the last several weeks. The weather and court conditions have improved. We play from 11 am to approximately 12:30 pm, and players can opt in for lunch some where downtown afterwards if they desire. This is a friendly game, easy to learn and a good way to get to know other members. Join us as many Fridays as you want or can, there is no obligation to be there every Friday. As the group develops, we can periodically organize games at other venues also.

For questions or more information contact:

Chuck Stark at cstark@sonic.net
or call 707-799-3373

Bowling:

(article by Fred Rose)

If you have an interest in helping to get this activity going again so you also could enjoy it then contact our Activities Chair, Fred Rose at 707-548-5797 or fredricrose@comcast.net



Sunshine Report:

We need your help to tell us before the monthly meeting if any of our members are sick or if some member has died. All you need to do is call Kurt Wehrmeister, at 630-461-2715 or send him an email to: kurtwehrmeister@gmail.com.



[Return to Page 1](#)

Book Club:

(Article by Neil Wheeler)



Do you enjoy reading? The SIR17 Book Club selects one book a month to read and discuss. It's a fun way to be introduced to different authors and genres. If you just want to read the book and skip the discussion, that's OK too.

Our next book club discussion will be on Wednesday, May 24th, at 2:00 pm. The meeting location will be announced later.

If you have any questions or would like to be on our email list, please send an email to:

njmwheeler@science-one.org
or call me at (707) 291-0271.

Boys' Night Out:

(Article by Don Malvestiti)



BNO for May will be at Monti's Restaurant in Montgomery Village at 714 Village Ct. on Wednesday, May 10th at 5:30 pm social, 6 pm for dinner.



Check with Don about separate checks!

Since space is very limited I need to know if you want to be part of the group no later than Friday, May 5th.

Email at: malvestitidon485@gmail.com or call 707-539-0677 and please leave a message if no answer.

Bridge:

If you have an interest in helping to get this activity going again so you also could enjoy it or if you have any questions, then contact either Co-Chair.

Dean Lundgren at mdlundgren@msn.com or call 707-544-8088.

James Park at jcpark38@sbcglobal.net or call 707-578-4255



Coffee Club:

(article by Rich de Lambert)



The Coffee Club returns to Howarth Park in May on the **2nd and 4th Thursdays at 9:00 am.**

We will be at the Cypress Point picnic area (*between the boat docks and trail to Spring Lake*) in Howarth Park. Come enjoy a cup of coffee, some baked goods, and conversation with your fellow SIR members, take in the views, and maybe take a walk up the trail towards Spring Lake before or after having coffee. We ask for a \$1 donation to offset the cost of the coffee and treats. Bring a lawn chair as we like to “camp out” under the trees. Guests are always welcome so bring a friend. For questions, call me, Rich de Lambert, at (707) 545-3490 or email me at richdelambert@gmail.com.

Community Involvement Program:



Barry Bialkoski and Bob Reuther, Co-Chairs
Rich de Lambert and George Traverso, Co-Vice Chairs



Inflation keeps pushing food prices higher and higher, making food insecurity a risk for more Sonoma County residents than even before the pandemic. Statistics show that 1/3 of Sonoma County residents go hungry each day. More than ever families are struggling to keep food on the table. We have an opportunity to help families to get the food they need to feed their families by volunteering once a month at the Redwood Empire Food Bank.

The first Thursday of every month SIR volunteers meet at the Food Bank to assist in preparing food for distribution. Last month 12 volunteers, including one spouse packaged apples in food container bags. The latest figure from the Food Bank showed that in March 2023, 317,349 pounds of produce was packaged by over 2000 volunteers. It's obvious that there is a need in our community, and you can assist with this need! You are not obligated to volunteer every month—just pick a month that works for you and join us.

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Community Involvement Program:

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We hope that you can join us in our next volunteer activity at the Redwood Empire Food Bank and experience the good feeling of helping others. Wear your SIR apparel so our Branch 17 is identified. The date is set for **May 4th from 10 a.m. to noon**, which incidentally is also the National Day of Prayer. Working at the Food Bank is a perfect way to celebrate that day. Chairs are available for those who prefer not to stand.

Just tell us (George, Rich, Barry, or Bob) that you are coming so we can inform the Food Bank of our number. The Redwood Empire Food Bank is located by the Airport at 3990 Brickway Blvd. in Santa Rosa. You can find us on the www.sir17.org website under the first Thursday of each month. All the information related to time and place is on that site.

Couples' Night Out:

(Article by Fred Rose)



CNO for May is a bit **different!**

To help celebrate this beautiful weather we are doing Couples Night Out on Thursday, May 25th at 12:30 in the **AFTERNOON** at the

Crooked Goat Brewery in the Barlow Center, Sebastopol.

They have a covered patio and the tables have umbrellas. The menu is for a few of the restaurants in the Barlow Center and are delivered to the Crooked Goat. Order from and pay for your order with the bartender.

If all goes well, we may try a few other places with outdoor seating like: Catelli's in Geyserville and Coppola's Winery, Red Grape in Sonoma, VJB Vineyards and Salt 'n Stone in Kenwood. Probably with a different day of the week for Couples **Lunch** Date.

Always looking for fun things to do. So, as always, interested in your suggestions and opinions. Call **Fred Rose** at **707-548-5797** or email him at : fredricrose@comcast.net



GLOBAL FORUM:

(Article by Marvin Mai)



How often do you wish you could have a civil discussion about some of the world events? That's what drives Global Forum and we all enjoy the opportunity to share our thoughts and ideas, and gain insight from other's observations and experience.

Global Forum has been a Branch 17 activity for over 15 years and although the participants have and do change over time, we have all benefited from the exchange of ideas and opinions. We avoid local, state and national politics and concentrate on the many major areas of our world.



We meet in-person on the 2nd Friday of the month and via Zoom on the 4th Friday. On **May 12th at 10 am**, the meeting will be at the home of Little Sir **Chris Nelle**, 3187 Montecito Meadow Drive, Santa Rosa.

Attendance is limited to **eight** so email Chris at: nelleval@hotmail.com to reserve your spot. To be included in the Zoom on May 21st, email Marvin at: maimarvin57@gmail.com and when he schedules the meeting, he will include you in the email notice.

GOLF: Mondays at Bennett Valley



The numerous 'atmospheric rivers' California experienced have taken a toll on infrastructure, including our local Bennett Valley golf course. Matanzas Creek became a small river bringing a lot of debris downstream. Intake valves used to bring irrigation water onto the course are presently buried under several feet of silt. Our course has gone from muddy to hardpan in a few short weeks.

To counteract concerns about course conditions, Council members, Chris Rogers and Mark Stapp, visited the course to inspect the irrigation system. They posted the following notice on the Save Bennett Valley Facebook page.

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GOLF:

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We heard concerns from a few folks today that the City was allowing the Bennett Valley Golf course to deteriorate so that we could close it and develop it. Here's what's actually happening:

"When we sought a new operator and did a full assessment of deferred maintenance, the irrigation system was the most important (and expensive) fix. The City has been working with Touchstone- the new operator- to develop the long-term solution. Candidly, that will take some time to implement. In the meantime, the recent wave of storms did some additional damage to the irrigation system. The City is putting in additional resources to fix the current problem and keep the course playable in the short term. The grounds will continue to be watered, the city is still committed to seeing Touchstone be successful, and there's no conspiracy wherein which we are trying to bulldoze the course."

The good thing is that tee shot role-out makes second shots that much closer to the greens, that are hand watered and still in excellent shape.

So come out play your **best** each Monday morning.

Golf Committee Chair: Jim Gurke

Email to: 1jgurke@gmail.com

or call **707-303-0989** and leave a message if no answer.

Hiking Group:

(Article by Stew Lauterbach)



Email stewlauterbach@gmail.com to be added to an email list for a hiking group to help us create a list.

All hikes start at 9 am.

The following list is for May:

- 5th, Riverside Regional Park, 7821 Eastside Road, Windsor.
- 12th, Foothill Regional Park, 1351 Arata Lane, Windsor.
- 19th, Shiloh Ranch Regional Park, 5750 Faught Road, Windsor.
- 26th, Spring Lake Regional Park, 55845 Newanga Ave., Santa Rosa. Enter the campground entrance and go to the far east parking and picnic area, then hike into Annadel.

POKER:

(Article by Mike O'Neill)



Our next game is scheduled for May 11th, and the June game will be on the 8th. We have already filled the seven spots for May. We have a new member who will play in our June game. Our goal is to rotate players each month so everybody gets a chance to play. The Epicenter has worked great, so we will stay there as long as possible.

If you would like to play in the future, please contact Mike O'Neill at: Mikeo46@sbcglobal.net

Wine, Beer & Spirits:

(Article by George Traverso)



Hello Wine Aficionados. We have a real treat for us on **Wednesday, May 3rd**. The event will be at the **Mauritson Winery** at 2859 Dry Creek Road, Healdsburg, from 11 am to 1 pm +.

The winery has a rich history dating back to 1868. Owner Clay Mauritson is the sixth generation of this wonderful winery which has robust reds and beautiful white wines.



Remember, this is a co-ed event, so bring wives and or lady friends and any prospective SIR members to Mauritson. The price of \$55.00 includes tasting, tour and box lunch. Payment for the event can be made on the day of the event directly to the winery.

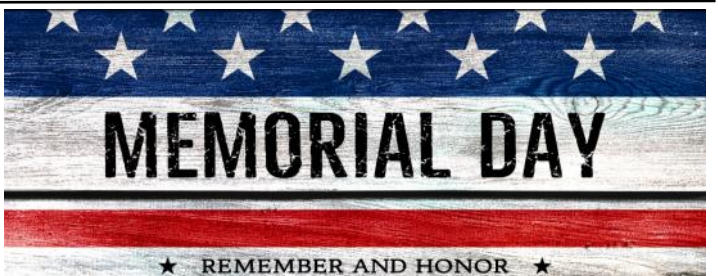
A description of box lunch choices is below and will be from Costeaux French Bakery in Healdsburg. Unfortunately, we must limit the attendance to this event to the first 22 respondents...so please make your reservation and lunch choice to me at 707-528-6987.

CHOICES OF BOX LUNCHES:

- A: Black Forest Ham on Multi-Grain bread, Jarlsberg Cheese, Lettuce.
- B: Dry Salami on Ciabatta Roll, Pesto, Tomato, Lettuce, Jarlsberg Cheese.
- C: Roasted Turkey on Croissant, Avocado, Lettuce, & Tomato.
- D: Veggie on Multi-Grain bread, Grilled Vegetables, Roasted Red Bell Pepper, Goat Cheese, Pesto,

Our **next** event will be held on Wednesday, **July 12th**. So stay tuned for more information!

Thanks. geosan@sbcglobal.net



TRAVEL GOLF:

(Article by Art Appling)



Branch 17 and 76 golfers continue to enjoy traveling to courses other than our weekly Bennett Valley round. Next is an overnight stay at Twin Pines Hotel Casino and two days of golf at the Hidden Valley Lake course near Middletown. There may be a couple of last minute openings so if you have an interest contact me immediately.

We have upcoming events scheduled at Peacock Gap in San Rafael, Chardonnay in Napa, and other similar courses. Interested members need to let us know so we get your name added to the invited email list.

Art4747@msn.com or 707-538-1769

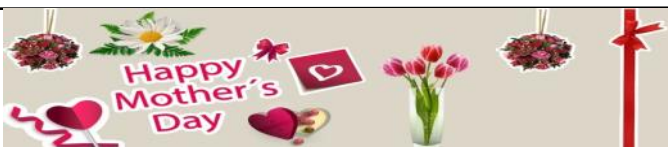
Walking Group

(Article by Richard Lundblad)



The walking group meets every Tuesday morning at 10 am, that is weather permitting. We are meeting at the end of Stonehenge Drive and walking to Spring Lake Trail in Annadel Park and go for coffee afterwards.

Come join us and bring a friend! If you have any questions or would like to be on our email list, email me at richardlundblad@gmail.com or call me at (707) 888-8386



SIR Luther Burbank Branch 17

The following is a list of your **2023** Officers and Directors.

<u>Officers:</u>	* Voting Members	<u>Email</u>	<u>Phone</u>
*Big Sir:	Gary Bondi	gbondi@sonic.net	707-539-2445
*Little Sir:	Chris Nelle	nelleval@hotmail.com	707-527-0576
*Secretary:	Terry Freeman	terryfreeman32@yahoo.com	707-235-7066
*Asst. Secretary:	Steven Saulsberry	stevensaulsberry@comcast.net	707-328-4627
*Treasurer:	Al Petrie	alpetrie7@aol.com	707-974-9193
*Asst. Treasurer:	John Gnam	musicmed@sonic.net	707-528-0592
<u>Directors:</u>	* Voting Members		
*Wynn Bailey		wynn.bailey@gmail.com	707-894-9114
*Barry Bialkoski		barryb64@comcast.net	707-584-8412
*Rich de Lambert		richdelambert@gmail.com	707-545-5490
*Bill Grafeld		billgrafeld@yahoo.com	707-953-6462
*David Harris		dharris95405@gmail.com	707-539-7049
*Neil Wheeler		njmwheeler@science-one.org	707-291-0271
<u>RAMP Chairs:</u>			
Recruiting:	Rich de Lambert	richdelambert@gmail.com	707-545-5490
Activities:	Fred Rose	fredricrose@comcast.net	707-548-5797
Member Relations	George Traverso	geosan@sbcglobal.net	707-528-6987
Publicity:	Neil Wheeler	njmwheeler@science-one.org	707-291-0271
<u>Membership Chair:</u>			
Gordon Boultonbee		gboultonbee@aol.com	707-584-8063
<u>Newsletter Editors:</u>			
Jim Fenstermaker		sirsbrn17@gmail.com	707-548-3346
Rich Osborne		richosborne@outlook.com	303-304-9262
<u>Web Masters:</u>			
Dennis Mangan		dfmangan@gmail.com	301-717-6234
Neil Wheeler		njmwheeler@science-one.org	707-291-0271
Jim Fenstermaker		sirsbrn17@gmail.com	707-548-3346
<u>State Officers:</u>			
President:	Dave Gonzales	yogonzo@yahoo.com	916-587-3538
Area Representative:	Robert Nadell	nadellb@sbcglobal.net	707-978-2636

Do We Have Your Correct Contact Info? If you have had a recent change in your address, phone number or partner status check the roster on the branch website, ask to see a paper copy at the monthly luncheon, or contact Membership Chair Gordon Boultonbee at: gboultonbee@aol.com or call him at 707-584-8063, to see if we have it. We use the information to send you The *BARK* newsletter, send out dues notices, to find out if you are coming to the luncheon, etc.

Calendar of SIR Events for May, 2023

Golf at BVGC every **Monday** morning

Walking Group, every **Tuesday** morning at 10 am

Bocce, every **Friday** morning at 10:45 am,

May 3 **Wed**, Travel Golf, Lake County

May 4 **Thu**, Community Involvement, Redwood Empire Food Bank, 10 am to noon

May 5 **Fri**, Hiking, Riverfront Regional Park, Windsor

May 10 **Wed**, Boys' Night Out, Monti's, 5:30 pm social, 6 pm dinner

May 11 **Thu**, Coffee Club, Howarth Park, 9 am ,

May 11 **Thu**, Poker, **Epicenter**, 12 noon to 3 pm +

May 12 **Fri**, Hiking, Foothill Ranch Regional Park, Windsor

May 12 **Fri**, Global Forum **in-person** meeting, 10 am home of Chris Nelle

May 18 **Thu**, SIR BEC meeting, Iron & Vine, 9:45 am

May 18 **Thu**, SIR Lunch/Meeting, Iron & Vine, 11 am

May 19 **Fri**, Hiking, Shiloh Regional Pak, Windsor

May 24 **Wed**, Book Club, 2 pm, location TBD

Calendar of SIR Events,

(continued)

May 25 **Thu**, Coffee Club Howarth Park, 9 am

May 25 **Thu**, Couples' **LUNCH** Out, Crooked Goat Brewery, Sebastopol, 12:30 pm

May 26 **Fri**, Hiking, Spring Lake Regional Park, S/R

May 26 **Fri**, Global Forum **Zoom** meeting, 10 am

Poem for May

From Chat GPT

May is here, with flowers in bloom,
The sun shines bright, dispelling gloom.
The world awakens, from winter's sleep,
Nature comes alive, her secrets to keep.
So let us embrace, this month of May,
And let its warmth, brighten our way.
Let us take in, all the beauty around,
And with gratitude, let our hearts abound.

Picture Gallery



Hiking Group

(Top) Hood Mountain Regional Park,

L/R: Gordon Boulton, Stew Lauterbach.

(Bottom) Helen Putnam Regional Park,

L/R: Chuck Baker, Gordon Boulton, Stew Lauterbach.

(Photos by Stew)



BNO at the Washoe House: (Photo by Don)

L/R: Stark, Hall, Lauterbach, Boulton, Wheeler, & Boito.

NON-RESPONSIBILITY DECLARATION

All activities arranged for, or by, or sponsored by, SONS IN RETIREMENT, INC., and its Branches, are for the convenience and pleasure of the members and their guest who desire to participate. SONS IN RETIREMENT, INC., and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.